



IHH Healthcare

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MEDIA RELEASE

MOUNT ELIZABETH NOVENA HOSPITAL OFFICIALLY OPENS ITS PROTON THERAPY CENTRE, ADVANCING CANCER TREATMENT

- *Mount Elizabeth Novena Hospital (MNH) is the first private hospital in Singapore to offer proton therapy, kicked off treatment for first patient on 10 May 2023.*
- *Over the last year, the centre has treated over 100 patients, with the youngest just a year and a half and the oldest over 80 years of age. More than half of the patients were from Singapore.*

Singapore, 10 May 2024 – The Mount Elizabeth Proton Therapy Centre, Singapore’s first proton therapy facility, has treated over 100 patients since it began operations in May last year. More than half of these patients were from Singapore, with the remainder made up mostly of patients from Southeast Asia, and a small portion of patients from as far away as the United States, Canada and the United Kingdom.

Head and neck cancers make up 40% of cases treated so far, with Prostate and Brain cancers each taking up another 20%. Over the last one year, the Centre has seen patients with ages ranging from 18-months to 85 years old.

Cancer has been a leading cause of death in Singapore and around the world. The one-year-old facility, which officially opens today, offers cancer patients with unprecedented access to advanced and highly specialised cancer treatment in the heart of Singapore. Patients seeking such advanced radiation therapy previously had to travel overseas for treatment.

"Cancer patients are not alone in their fight against cancer. IHH Healthcare Singapore’s investment in proton therapy demonstrates our unwavering resolve to provide our patients with the best care," said Dr Peter Chow, Chief Executive Officer, IHH Healthcare Singapore. "Up to half of all oncology patients require some form of radiation treatment but the side effects of treatment can be as debilitating as the cancer itself. Patients that are suited to undergo proton therapy will benefit from less side effects and damage to surrounding tissues due to the targeted nature of the proton beam."

Proton therapy possesses unique properties that enable it to kill cancerous cells without causing as much damage to neighbouring tissue and organs. This means patients can better preserve function and enjoy higher long-term quality of life, which is especially critical and life-changing for younger patients.



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The centre complements MNH's already comprehensive suite of cancer treatment modalities, including surgery, chemotherapy, and conventional radiotherapy, and is particularly beneficial for complex anatomical sites, sensitive tissues, and paediatric cases.

For more information, please visit: <https://www.mountelizabeth.com.sg/mount-elizabeth-proton-therapy-centre/overview>

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ABOUT MOUNT ELIZABETH NOVENA HOSPITAL

Designed with patients in mind, **Mount Elizabeth Novena Hospital (MNH)** is a 353 single-bedded tertiary care hospital located in the heart of Novena's premier medical hub. A sister hospital to Mount Elizabeth Hospital at Orchard Road, MNH provides patients with access to Mount Elizabeth's medical expertise while providing world-class patient experience and clinical outcomes. Since its opening in 2012, MNH has set new benchmarks for quality healthcare, achieved numerous accolades and pioneered several clinical milestones; augmenting Singapore's reputation as the region's healthcare and medical hub. Today, MNH is highly regarded by medical practitioners and continues to be the hospital of choice among local and foreign patients. For more information, please visit <https://www.mountelizabeth.com.sg/>.

ABOUT IHH HEALTHCARE SINGAPORE

IHH Healthcare Singapore (IHH SG) is part of IHH Healthcare, a world leader in integrated care with a presence in 10 markets across the world. As Singapore's largest private healthcare provider, IHH SG operates an integrated network of four multi-award-winning acute hospitals – Gleneagles Hospital, Mount Elizabeth Hospital, Mount Elizabeth Novena Hospital and Parkway East Hospital – where more than 1,500 accredited specialists provide quality multi-disciplinary specialist care.

IHH SG's network extends beyond acute and tertiary care to primary, specialty care and ancillary services. Its Parkway brand includes the Parkway Shenton network of over 50 clinics island-wide,



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and iXchange, its managed care and employee benefits arm. Together with Parkway Cancer Centre, Parkway MediCentre, Parkway Radiology, Parkway Laboratories, Parkway Rehab and Parkway Emergency Services, IHH SG's comprehensive range of services underpins its position as the country's most trusted healthcare provider, known for providing quality medical care and clinical outcomes in Singapore and around the region.

For more information, visit <https://www.ihhhealthcare.com/singapore/>.